

HEALTHY SELF

with DR. G

Are You Drinking Toxins? The Green Powder Investigation

Whether you're boosting gut health, chasing steady energy, or filling nutrient gaps, **your green powder should be clean and third-party tested and not spiked with**

- Heavy Metal Contamination
- Synthetic Additives & Fillers
- Poor Quality Green Sources
- Manufacturing Concerns

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WANT TO FIND OUT WHICH BRAND IS THE BEST FIT FOR YOU? CLICK HERE!

Why These Brands Failed The Safety Standards

Complete Lack of Transparency: These companies refused to respond to basic safety questions despite multiple contact attempts over four weeks.

No Safety Documentation: These companies' refusal to provide this information suggests they either don't test properly or have concerning results they won't reveal.

Avoiding Accountability: Their silence indicates either poor business practices or deliberate avoidance of accountability for product contamination - neither inspires confidence in their safety standards.

Below Industry Standards: These brands' refusal to meet basic industry standards makes them unsuitable for health-conscious consumers who deserve to know what's in their products.

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✗ Brands That Failed My Test:

- Phresh Products
- Boku Superfood
- Barleans Organic
- Poofy Organics
- Better Days
- Doterra
- Welleco
- Ancient Nutrition
- California Gold
- Myeq
- Equiplife
- Huel
- Brick House
- Sunwarrior
- Paleo Valley
- Pana
- Sunfoods
- Yes Please

Approved Brands

✓ Perfect Supplements

- ✓ Organifi
- ✓ Mixhers
- ✓ Solluna

✓ AG1

- ✓ Anima Mundi
- ✓ Ora Organic

WANT TO LEARN WHAT'S THEIR BEST LINE OF GREEN POWDER? CLICK HERE!

Hidden Dangers in Green Powders

- Lead
- Arsenic

Daily supplementation means cumulative exposure to these toxins

- Mercury
- Cadmium
- Contaminated Soil
- Industrial Area Sourcing
- Non-Organic Pesticide Residue
- High-Heat Processing
- Degraded Nutrients
- Oxidation
- Mold & Mycotoxins
- Glyphosate Contamination
- Poor Storage Practices
- Light & Air Exposure

- Artificial Colors
- Undisclosed Flavors
- Gums & Fillers
- Undisclosed Allergens

Many brands use unnecessary additives that provide no value



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HEALTHY SELF

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Understanding approved brands

✓ Complete Third-Party Testing

Provides independent laboratory verification for heavy metals, contaminants, and label accuracy.

✓ Pure, Clean Green Ingredients

Uses organic, high-quality greens from verified sources with proper processing methods.

✓ Clean Ingredient Standards

No artificial colors, unnecessary fillers, or hidden additives. Every ingredient serves a purpose.

✓ Transparent Communication

Promptly responded to safety inquiries with detailed information about sourcing, manufacturing, and testing protocols.

✓ Quality Manufacturing

GMP-certified facilities with rigorous quality control measures

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GREEN POWDER? CLICK HERE**

What We Look For in Safe Green Powder

- ✓ NSF Certified
- ✓ Batch COA published
- ✓ GMP Certified
- ✓ USDA Organic

✓ What to Buy:

- ✓ Certified Organic
- ✓ Freeze-Dried or Low-Temp Processing
- ✓ Clean Ingredient Lists
- ✓ Transparent Sourcing
- ✓ Heavy Metals Testing
- ✓ Pesticide/Glyphosate Testing
- ✓ Mold & Mycotoxin Testing

✗ What to Avoid:

- ✗ Proprietary Blends
- ✗ Artificial Colors & Dyes
- ✗ Excessive Fillers
- ✗ Vague "Natural Flavors"
- ✗ High-Heat Processing
- ✗ Non-Organic Sources
- ✗ Brands Refusing Transparency
- ✗ No Third-Party Testing
- ✗ Marketing Over Science

Remember: Your green powder supplement should be chosen with the same care you use for all your health decisions. Demand verified safety, complete transparency, and uncompromising quality standards.

You deserve nothing less.



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