

# HEALTHY SELF

with DR. G

## Are You Drinking Toxins? The Green Powder Investigation

Whether you're boosting gut health, chasing steady energy, or filling nutrient gaps, **your green powder should be clean and third-party tested and not spiked with** ↓

- Heavy Metal Contamination
- Poor Quality Green Sources
- Synthetic Additives & Fillers
- Manufacturing Concerns



**WANT TO FIND OUT WHICH BRAND IS THE BEST FIT FOR YOU? CLICK HERE!**

## Why These Brands Failed The Safety Standards

**Complete Lack of Transparency:** These companies refused to respond to basic safety questions despite multiple contact attempts over four weeks.

**No Safety Documentation:** These companies' refusal to provide this information suggests they either don't test properly or have concerning results they won't reveal.

**Avoiding Accountability:** Their silence indicates either poor business practices or deliberate avoidance of accountability for product contamination - neither inspires confidence in their safety standards.

**Below Industry Standards:** These brands' refusal to meet basic industry standards makes them unsuitable for health-conscious consumers who deserve to know what's in their products.



[doctor.gonzalez](https://www.instagram.com/doctor.gonzalez)



[@DrGReviewsProducts](https://www.youtube.com/@DrGReviewsProducts)

Are You Drinking Toxins? The Green



## ✗ Brands That Failed My Test:

- Phresh Products
- Boku Superfood
- Barleans Organic
- Poofy Organics
- Better Days
- Doterra
- Welleco
- Ancient Nutrition
- California Gold
- Myeq
- Equiplife
- Huel
- Brick House
- Sunwarrior
- Paleo Valley
- Pana
- Sunfoods
- Yes Please





## Approved Brands

- ✓ Perfect Supplements
- ✓ Organifi
- ✓ Mixhers
- ✓ Solluna

- ✓ AG1
- ✓ Anima Mundi
- ✓ Ora Organic



**WANT TO LEARN WHAT'S THEIR BEST LINE OF GREEN POWDER? CLICK HERE!**

## Hidden Dangers in Green Powders

- Lead
  - Arsenic
  - Mercury
  - Cadmium
- Daily supplementation means cumulative exposure to these toxins

- Artificial Colors
- Undisclosed Flavors
- Gums & Fillers
- Undisclosed Allergens

Many brands use unnecessary additives that provide no value

- Contaminated Soil
- Industrial Area Sourcing
- Non-Organic Pesticide Residue
- High-Heat Processing
- Degraded Nutrients
- Oxidation
- Mold & Mycotoxins
- Glyphosate Contamination
- Poor Storage Practices
- Light & Air Exposure



[doctor.gonzalez](https://www.instagram.com/doctor.gonzalez)



[@DrGReviewsProducts](https://www.youtube.com/@DrGReviewsProducts)

# HEALTHY SELF

## with DR. G

### Understanding approved brands

#### ✓ **Complete Third-Party Testing**

Provides independent laboratory verification for heavy metals, contaminants, and label accuracy.

#### ✓ **Pure, Clean Green Ingredients**

Uses organic, high-quality greens from verified sources with proper processing methods.

#### ✓ **Clean Ingredient Standards**

No artificial colors, unnecessary fillers, or hidden additives. Every ingredient serves a purpose.

#### ✓ **Transparent Communication**

Promptly responded to safety inquiries with detailed information about sourcing, manufacturing, and testing protocols.

#### ✓ **Quality Manufacturing**

GMP-certified facilities with rigorous quality control measures

**WANT TO LEARN WHAT'S THE BEST  
GREEN POWDER? CLICK HERE**

### What We Look For in Safe Green Powder

- ✓ NSF Certified
- ✓ Batch COA published
- ✓ GMP Certified
- ✓ USDA Organic

#### ✓ **What to Buy:**

- ✓ Certified Organic
- ✓ Freeze-Dried or Low-Temp Processing
- ✓ Clean Ingredient Lists
- ✓ Transparent Sourcing
- ✓ Heavy Metals Testing
- ✓ Pesticide/Glyphosate Testing
- ✓ Mold & Mycotoxin Testing

#### ✗ **What to Avoid:**

- ✗ Proprietary Blends
- ✗ Artificial Colors & Dyes
- ✗ Excessive Fillers
- ✗ Vague "Natural Flavors"
- ✗ High-Heat Processing
- ✗ Non-Organic Sources
- ✗ Brands Refusing Transparency
- ✗ No Third-Party Testing
- ✗ Marketing Over Science

**Remember:** Your green powder supplement should be chosen with the same care you use for all your health decisions. Demand verified safety, complete transparency, and uncompromising quality standards.

**You deserve nothing less.**



[doctor.gonzalez](https://www.instagram.com/doctor.gonzalez)



[@DrGReviewsProducts](https://www.youtube.com/@DrGReviewsProducts)